

# WON'S MARTIAL ARTS ACADEMY

"Kick of the New Millennium"

3789 Opelika Road  
 Phenix City, AL 36870  
 (334) 297 - 7851

Tae Kwon Do  
 Hap Ki Do  
 Weapons  
 And Much More...

Website: <http://wonsmartialarts.org/>

**Master Instructor: Young S. Won**  
 World Champion - Hall Of Fame

**Master Instructor: Amy M. Latta**  
 Forms & Fighting World Champion  
 Best All Around Female Competitors of 1998

**Master Instructor: Tae K. Won**

**Chief Instructor: Marcel Jones**  
 IKC, ISKA, & NASKA World Champion

**Instructors: Craig Carmack**  
 Head Instructor

**AJ Ford**  
 IKC & NASKA World Champion

**Justin Rowley**  
 IKC Champion

**Chris Singleton**

**Tonae' Mayer**  
 IKC & NASKA World Champion

## PHENIX CITY CLASS SCHEDULE

(Starting August 1, 2011)

	Monday	Tuesday	Wednesday	Thursday	Friday
Little Dragons White (Ages 4-6)		5:15 – 5:45		5:15 – 5:45	
Little Dragons Yellow & Up	5:00 – 5:30	4:45 – 5:15	5:00 – 5:30	4:45 – 5:15	
Children's White	6:15 – 6:45		6:15 – 6:45		
Children's Yellow - Green	5:30 – 6:15	6:30 – 7:15	5:30 – 6:15 Sparring	6:30 – 7:15	5:45 – 6:30 Sparring
Children's Blue – Black	6:45 – 7:30	5:45 – 6:30	5:30 – 6:15 Sparring	5:45 – 6:30	5:45 – 6:30 Sparring 6:30 – 7:15 Weapon
Adult & Teen White	6:15 – 6:45		6:15 – 6:45		
Adult & Teen Yellow - Green	7:30 – 8:15	7:30 – 8:30 Sparring @ Columbus	6:45 – 7:30	7:15 – 8:00	5:45 – 6:30
Adult & Teen Blue - Black	7:30 – 8:30	7:30 – 8:30 Sparring @ Columbus	6:45 – 7:45	7:15 – 8:15	5:45 – 6:30 Sparring 6:30 – 7:15 Weapon
Black Belt Instructors		8:30– 8:45 Meeting			
KICK TEAM DEMO/COMP	See Calendar for More Information				4:30 – 5:40 @ Columbus

**PRIVATE LESSONS: Must have an Appointment (Ask at the front desk for more information).**

Little Dragons: Ages 4 – 6

Children's Classes: Ages 7 – 12

Teen/ Adult Classes: Ages 13 & Up

(Children age 12 may attend Adult class with Instructor's permission.)